

Press Release

Anti human trafficking unit of Chandigarh police under the supervision of Smt. Kamla Meena DSP/W&CSU has organized self defence training for the girls/women of Chandigarh at multipurpose hall, Sec-26, Chandigarh in different batches of 15 days each.



This is an initiative of Sh. R.P Upadhyay, IPS, IGP/UT/Chandigarh, to make the girls/women self dependent so that they can save themselves in case of any untoward incidents. The training of second batch was inaugurated by Sh. R.P Upadhyay IPS IGP/UT/Chandigarh on dt. 6.6.14 and has been completed on 23.6.14. During the 15 days the girls/women were imparted training on different techniques of defending themselves. They also gave various demos on eve teasing, chain snatching, & Knife protection, front fall, body hold & Neck hold. The girls/women and their parents appreciated the initiative and requested to do such more programme in future. Sh. R.S Ghumman Retd. DIG/UT/Chandigarh was the chief guest of the function. Sh. R.S Ghumman and Smt. Urvija Goyal ASP/HQ distributed Certificates to the participants. Sh. R.S Ghumman also addressed the

gathering. Vote of thanks was given by Smt. Shweta Chauhan officiating DSP/W&CSU.

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