

Press Note
31/10/2013

Today, i.e. 31.10.2013, a workshop on 'Stop Brain Stroke' was organized at R.T.C. Police Lines, Sector-26, Chandigarh in collaboration with Neurology Department, PGI, Chandigarh wherein nearly 300 Police Personnel including chronic disease patients, Dr. Sujata, SMO, Police Hospital, Dr. Jaya, Police Hospital, Dr. Vandana, Police Hospital, Dr. Dheeraj Khurana (Additional Professor, PGI), Dr. Manoj (Assistant Professor, PGI), Dr. Vinny Wilson (Senior Resident, PGI), three nurses, Sh. Suman Kumar, DSP/Lines and other police officials of Chandigarh Police were attended the workshop. In this campaign, Doctors informed about the symptoms of Brain Stroke like uneven smile, Arms become weak and speech become slurred. If any of the symptoms are found, we should rush patient to the nearby hospital without wasting any time, every minute of the stroke patient is very precious because in one minute, 2 million neurons are getting destroyed.



If a patient reaches the hospital within 4.5 hours, a proper treatment can be provided and his life can be saved. The risk factors of this disease are High Blood Pressure, Smoking, Obesity, Diabetes, Excess Alcohol, Stress & Depression, Heart disorders were discussed in this campaign.

**Issued by
Chandigarh Police.**